

LOS ANGELES POLICE DEPARTMENT



WILLIE L. WILLIAMS
Chief of Police

RICHARD J. RIORDAN
Mayor

P.O. Box 30158
Los Angeles, Calif. 90030
Telephone: 213
Ref #: 485-2620
1.3.6

June 13, 1995

Michael Landgraf
Landgraf Enterprises
11151 Danube Avenue
Granada Hills, CA 91344

Dear Michael,

Things here are, as usual, hectic. Here are the responses to your questions.

1. I was using the 515 every day to relax. I had it running in my office where I was alone and with particular clients. All of that changed after I let our front office staff use the device on a particularly stressful day. They now keep it up front with them and have it going most of the day for relaxation purposes.
2. I used it with severely stressed and depressed clients.
3. I found the 515 to be very valuable as a relaxation device. It's an excellent adjunct to therapy.
4. I'm not sure.
5. I'll talk to the staff about your coming to a staff meeting and demonstrating the 515 - I like it better than the light and sound machine.

Sincerely,

A handwritten signature in cursive script, appearing to read "Debra".

DEBRA F. GLASER, Ph.D.
Staff Psychologist
Behavioral Science Services Section

*#4 - What would you
add to the 515 to
make it more
effective?*

LOS ANGELES POLICE DEPARTMENT

WILLIE L. WILLIAMS
Chief of Police



RICHARD J. RIORDAN
Mayor

P.O. Box 30158
Los Angeles, Calif. 90030
Telephone: 213
Ref #: 485-2620
1.3.6

July 31, 1995

Michael J. Landgraf
Landgraf Enterprises
11151 Danube Avenue
Granada Hills, CA 91344

Dear Michael,

Please accept my thanks for all of your efforts in making the Photosonix 515 available to the men and women of the LAPD.

At Behavioral Science Services Section (BSSS), the in-house psychological services unit of the LAPD we see a lot of officers suffering from overwork, burn-out and post-traumatic stress. We also counsel many officers who are experiencing difficulty with shift changes interrupting their sleep patterns and officers studying for promotional exams. It is wonderful to have access to the 515 - it is a helpful adjunct to therapy for clients in each of these situations!

Not only have we found it helpful for clients, but our office staff has had days where they use the unit in their workspace for themselves. I have found the stress reduction program to be especially useful for clients suffering from chronic pain and post-traumatic stress disorders. They report that it helps them to relax, to focus on tasks, and to sleep.

As you know our client population is a skeptical one. It takes real results for them to accept a device such as the 515 for use in a stress management program. The 515 has helped many of our clients and office staff. Thank you again for making it available to us.

Very truly yours,

WILLIE L. WILLIAMS
Chief of Police

A handwritten signature in cursive script that reads "Debra F. Glaser".

DEBRA F. GLASER, Ph.D.
Staff Psychologist
Behavioral Science Services Section

