

Dear Todd/Braille Institute, I have been a client of the institute for over six years. Early in 1989 I became disabled and was unable to continue in my career as a locksmith. It became apparent to me that I must return to school and retrain in another line of work. As my disability progressed my vision began to decline which made it necessary for me to receive my books on tape.

Now keep in mind that I had not been a student for over 25 years let alone needed to remember information I could only hear. My anxiety level was through the roof. I needed to read my material and it was necessary for me to be able to have a high level of memory retention. I am a very visual person and when confronted with this new dilemma I did not know where to turn.

I met a man named Michael Landgraf who told me about a machine that could help me relax, improve memory retention and help me concentrate on the subject that was being read to me on tape.

I know you are saying all this sounds too good to be true but, I was desperate and I needed help and I was willing to take the chance. After all I was being given the opportunity to try the machine at no risk and I had everything to gain and nothing to lose.

Now six years later I have graduated community college and am pursuing a Bachelor of Arts degree at a major university. I have progressed from using the Nova light and sound machine to the portable and audible 515. My anxiety level began to decline and my test scores improved. I went from a 2.0 GPA to a 3.2 GPA and I began to retain the information being read to me on tape. The Nova as well as the 515 were compatible and could be run through my special recorder that I got from the Braille

listened to my books I played the sound machine in the background was able to benefit from it while studying and taking notes.

There are advantages to the 515 over the Nova however it is a binaural beat and it can be used with computer speakers to make it fully audible, and can be utilized while moving about a room. With the old Nova it was necessary to sit in on place while studying. The 515 machine is simple to use and I hook it up in on room and carry my portable tape player to what ever room I am studying in. I use the 515 for late night studying on the energizer setting instead of caffeine. The realization setting helps me during the day to calm my nerves and relieve anxiety when studying for a big exam. While studying and reading some of my more difficult subjects like statistics I us the visualization and learn settings to help me grasp the concepts and retaining the information. Then at night I often have difficulty falling asleep so I put the 515 on the continual sleep setting and I am able to sleep through the night without waking.

This is no miracle answer and it has taken a lot of hard work but, there have been times that I got lazy and did not use the 515 and it caused a significant drop in my performance level.

The 515 has had a little side benefit I did not plan on my husband has stopped snoring at night. No one can explain it but I am very happy to have discovered this extra added feature. Thank you again for introducing me to the world of light and sound.

Laura L. Riggs

A handwritten signature in black ink that reads "Laura L. Riggs". The signature is written in a cursive style with a large, sweeping initial "L".