

# Parenting Institute Inc.

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4830 Crenshaw Blvd., Los Angeles, CA 90043

(213) 295-2060

November 9, 1993

Michael Landgraf  
Owner-Landgraf Enterprises  
11151 Danube Avenue  
Granada Hills, California 91344

Dear Michael,

The most important resource our country has is our children, but, for so many reasons their growth and development remains hindered. As you are aware, we here at Parenting Institute conduct programs for child abuse; services that protect the children of our community's best interest.

Two years have passed since we first incorporated light and sound technology into our programs. I would like to share with you what we have realized from using these units. First, the children we work with have shown improved self-esteem and confidence. They have become more relaxed and attentive, and appear to be performing better in school. Second many of our adult clients are under a tremendous amount of stress and anxiety. An overwhelming majority of these adults feel improvement in their mental and physical well-being. And third, as counselors, counseling sessions can be stressful. Some of the counselors have realized the benefits of using these units during breaks. The units have helped us to alleviate the stress of the morning sessions, enabling us to feel fresh and more positive for our afternoon appointments.

I highly recommend Synetic Systems mental fitness units to anyone in the counseling community. The Mindlab DLS is a great tool for a

counselor to have. And the Esprit system is perfect for a client to work with at home.

Michael, thank you for making this technology available to us. We look forward to you sharing with us the latest breakthroughs Synetic Systems will be making in the future.

Sincerely,

A handwritten signature in black ink, appearing to read 'Bob Thomas', with a long horizontal flourish extending to the right.

Bob Thomas, MSW